

2022-2023 Cross Lutheran School Health and Safety Guidelines

This year, our health and safety guidelines will be straightforward and simple. Families care for one another, and I know we will work together as a school family to keep our students and faculty healthy and safe!

There are only two key things that we have to do this year in order to accomplish our goal of staying together *in* school. The first thing we have to do is **communicate** with each other, and the second thing is **monitoring the symptoms** of our students. If we can work together on these two simple things, we can maintain the health and safety of our students while also making certain that they receive the education that they need.

Communication:

- **Accurately reporting student illness to the school office will be essential** as we cooperate to keep us all as healthy and safe as possible. Parents, please let the office know as soon as possible if your child is sick and you are keeping them home. Additionally, **it will help a great deal if you share with us the general symptoms or specific illness**, so we can make certain to keep others informed if needed. For example, if you are leaving a message at the office, please make sure to let us know if your child has a fever, strep throat, stomach symptoms, Covid-19, or any other illness.
- We will also make sure to **communicate with you if there seems to be a communicable illness** spreading in your child's classroom, such as Covid-19 or strep throat. We will send you an email so that you are aware and you can then make the decision that is best for your family and for our school family.

Symptoms:

- Our handbook states the following:
 - *Illness – Any student with a temperature of 99.9 or above will be sent home. A student who is vomiting will be sent home. All students with an unknown rash will be sent home for a doctor's diagnosis. Children must be symptom free for 24 hours or bring a doctor's note indicating that they are not contagious before returning to school.*
- **Please note that your child must be symptom free, without medication, for 24 hours prior to returning to school. Children who have had a fever or vomited in the previous 24 hours should not be in school so they can help keep their peers and teachers safe and healthy.**
- **Also, please note that children who are vomiting or have a fever will be sent home.**

A few other notes:

- **If there is a communicable illness in a classroom, you will be notified via email.** At that point, your family can make decisions concerning the health and safety of your children and family. Please keep us informed of your decision so we can continue to work together to educate the students. If you choose to keep your child home as a

precaution, even though hybrid learning will not be available this school year we will work with you as best as we are able to continue your child's education.

- **We do ask that if your child tests positive for Covid-19, you 1) inform us as soon as possible 2) keep your child home until he/she meets the criteria for returning to school listed in our handbook (see above).**
- If you need additional guidance on how to manage Covid-19 in your household, [you can follow this link to the CDC website](#) or check the [Kendall County Health Department website](#), please note that this guidance changes and updates frequently.

Family, I know this is becoming tiresome and I feel the same fatigue as all of you! It has been a long few years! For now, we will just continue to do what we have always done and love each other as we always have. Working together and caring for each other is what we do here at Cross. Families should be together, and our school family being here every day, learning things and growing in faith, is our ultimate goal. We can care for each other, pray for each other, and keep each other safe by simply doing our part.

If you have any questions, please feel free to contact me.

Blessings,

Mr. H